

THE FEDERATION OF MIDDLEHAM (VA) AND SPENNITHORNE (VC) CE PRIMARY SCHOOLS



Executive Head Teacher Mrs L. Evans

Spennithorne, Leyburn, N Yorkshire. DL8 5PR

Park Lane, Middleham, Leyburn, N Yorks, DL8 4QX

Tel:01969-623474 Fax 01969 622731

Tel 01969 623592

spennithorneadmin@fed-mas.n-yorks.sch.uk

middlehamadmin@fed-mas.n-yorks.sch.uk

8th January 2019

Dear Parents,

On 14th & 15th January 2019 we are hosting a 'Bikeability' training course, which will include children learning to ride, under supervision, on public roads see <http://www.dft.gov.uk/bikeability/>. The training is for all children in Year 5 and 6 providing they are at least 10 years old.

The roads used will be risk assessed by the local Road Safety Officer to ensure they are suitable for this training. When riding on the road, children will be fully supervised and accompanied and high visibility jackets will be provided to be worn at all times. All the instructors are trained and qualified Bikeability Instructors who will be familiar with local traffic conditions.

For your child to take part, you will need to ensure that your child has:

- ❖ A roadworthy bike. Everything must be in good working order. A child will not be allowed to take part if a bike is considered unsafe. If you are not sure, please take it to a local bike shop for a professional check. The attached checklist may be of use to you to show what we will be checking prior to the course starting. **If your child does not have a bike please contact us as we may be able to arrange a loan.**
- ❖ By law the bicycle must have an audible warning, e.g. a bell.
- ❖ An approved cycle helmet which conforms to the following standard:-
EN 1078. SNELL B. 95.
- ❖ Helmets used for other sporting activities are not acceptable
- ❖ The ability to ride a bike! The course is not intended as a basic training course. It is a starting point for life long development of good practice as a cyclist on the road. Children need to be able to cycle and balance properly especially when giving hand signals to take part. If your child cannot do so, it would be very helpful to them (and us) if you would give them some opportunities to practice their basic cycling and balance skills before the course starts.

Attached is a consent form, which must be signed and returned to the school by 11th January 2019.

Yours faithfully

Mrs L Evans
Executive Headteacher

