

SCHOOL MEALS MENU AUTUMN 2018

	Week 1 served w/c 3 rd & 24 th Sept, 15 th Oct, 12 th Nov, 3 rd Dec	Week 2 served w/c 10 th Sept, 1 st & 22 nd Oct, 19 th Nov, 10 th Dec	Week 3 served w/c 17 th Sept, 8 th Oct, 5 th & 26 th Nov, 17 th Dec
M O N D A Y	Sausages, Mash & Onion Gravy Broccoli & Cauliflower 50/50 Bread ***** Jam Sponge & Custard Fresh Fruit & Yoghurt	Organic Beefburger in a Seeded Bun Chipped Potatoes Peas & Sweetcorn ***** Banana Brownie & Chocolate Sauce Fresh Fruit & Yoghurt	Fish Fingers Peas & Baked Beans Potato Wedges ***** Chocolate Semolina & Mandarins Fresh Fruit & Yoghurt
T U E S D A Y	Battered Fish, Tomato Sauce, Peas & Carrot Sticks Chipped Potatoes Sunflower Seed Bread ***** Toffee Apple Crumble Cake Fresh Fruit & Yoghurt	Chicken & Tomato Pasta Bake Green Beans & Cauliflower Wholemeal Bread ***** Autumn Berry Sponge & Custard Fresh Fruit & Yoghurt	Minced Beef & Dumplings Sweet Potato Mash Savoy Cabbage & Carrots Sunflower Seed Bread ***** Sticky Date & Apple Bar with Cheese Fresh Fruit & Yoghurt
W E D N E S D A Y	Roast Beef & Yorkshire Pudding Roast Parsnips & Carrots Roast Potatoes Sliced Wholemeal Bread ***** Chocolate Orange Sponge & Chocolate Sauce Fresh Fruit & Yoghurt	Roast Pork with Apple Sauce & Gravy Carrots & Broccoli Parsley Potatoes Herbie Bread ***** Raspberry Bun with Apple Fresh Fruit & Yoghurt	Chicken Vegetable Pie Creamed Potatoes Carrots & Swede & Peas Crusty Bread ***** Fruity Gingerbread & Custard Fresh Fruit & Yoghurt
T H U R S D A Y	Chicken Korma & Rice, Cauliflower & Green Beans Naan Bread ***** Pineapple Shortcake & Custard Fresh Fruit & Yoghurt	Breaded Salmon Nibbles & Tomato Sauce Broccoli & Carrots Potato Wedges Tomato Bread ***** Apple Cinnamon Crunch Crumble & Custard Fresh Fruit & Yoghurt	Pasta Bolognese Broccoli & Sweetcorn Garlic Bread ***** Arctic Roll & Peaches Fresh Fruit & Yoghurt
F R I D A Y	Pizza Friday Margherita Pizza Potato Wedges and Salad ***** Fruits of the Forest Flapjack Fresh Fruit & Yoghurt	Pizza Friday Margherita Pizza Veg Sticks & Saute Potatoes ***** Swiss Bun Fresh Fruit & Yoghurt	Pizza Friday Margherita Pizza Chipped Potatoes & Sweetcorn ***** Plum Upside Down Cake & Custard Fresh Fruit & yoghurt